

### Western Australian Certificate of Education ATAR course examination, 2016

## PHYSICAL EDUCATION STUDIES

# Practical (performance) examination Touch football

#### Time allowed

Warm up:30 minutesSkills and Drills:75 minutes

#### **Materials required**

*To be provided at the venue* Non-personal equipment required for Touch football

#### *To be provided by the candidate* Enclosed shoes or boots free of screw-in studs or cleats

#### Structure of the examination

The Physical Education Studies ATAR course examination consists of a written component and a practical (performance) component.

#### Criteria for marking the practical (performance) examination

Criteria	Marks available	Percentage of practical examination
Skills performance	30	50
Conditioned performance	20	50
	Total	100

#### Instructions to candidates

- 1. You are required to wear clothing and personal playing and safety equipment that is approved for competition by the sport's governing body.
- 2. Clothing must not identify you, your school, club or achievements, and it is requested that you wear black, navy or white shirts for the examination.
- 3. You are required to report to a supervisor to register for the practical examination 40 minutes before your scheduled examination time.
- 4. Once your attendance has been recorded you will be given a coloured, numbered bib to wear for the examination and directed to a supervised warm up area.
- 5. Just prior to the scheduled examination time you will be escorted from the warm up area to the examination area.
- 6. You must follow the requirements for this examination published in the *Physical Education Studies ATAR course Practical (performance) examination requirements 2016* document.

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#### PHYSICAL EDUCATION STUDIES PRACTICAL (PERFORMANCE)

#### **SECTION ONE – Skills Performance**

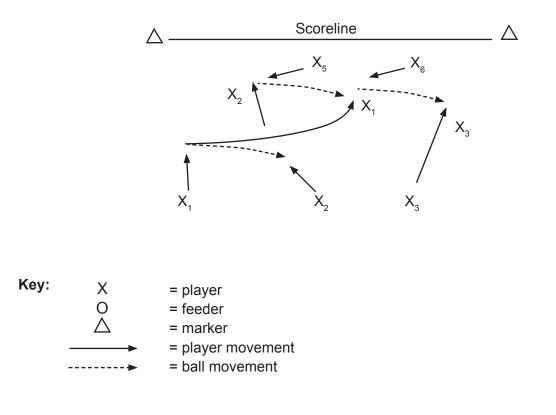
#### 1. Skills set

Skill 1	Skill 2	Skill 3	Skill 4	Skill 5
Lateral pass	Spiral pass	Dummy pass	Evading side step	Scoring a touchdown

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#### PHYSICAL EDUCATION STUDIES PRACTICAL (PERFORMANCE)

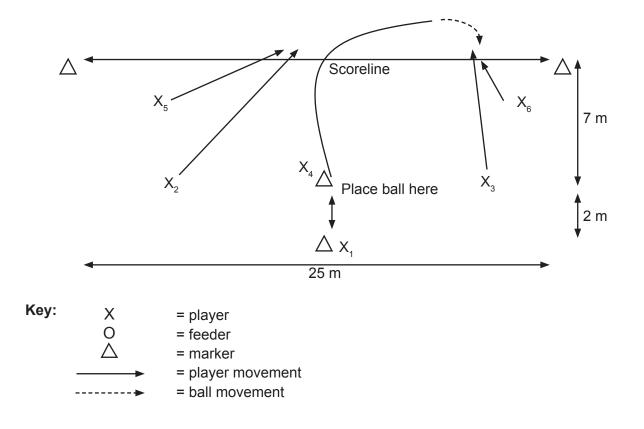
Drill #1: Lateral pass, Spiral pass



#### **Drill description:**

- 1. Player  $X_1$  (attacker) runs a few metres with the ball then passes to player  $X_2$  (attacker) who receives the ball on the run
- 2. Player  $X_2$  (attacker) then straightens into the gap inside defender  $X_5$  then passes (appropriate pass) to  $X_1$  who is straightening into gap between defenders  $X_5$  and  $X_6$ .
- 3. Player  $X_1$  to draw defender  $X_6$  and pass to  $X_3$  (attacker) hitting outside gap, who scores the touch down.

#### PHYSICAL EDUCATION STUDIES PRACTICAL (PERFORMANCE)



Drill #2: Dummy pass, Evading side step, Scoring a touch down

#### **Drill description:**

- 1. Player  $X_4$  (defender) starting at the first marker moves forwards to touch the second marker on the ground and then begins retreating backwards to the first marker. Note: Defender cannot change direction until she/he has retreated 5m.
- 2. When  $X_4$  touches the marker, player  $X_1$  (attacker) accelerates/steps in either direction past the defender and runs for the score line looking for attacking support.
- 3. Once the defenders retreat 5m, they can turn and chase the attacker to prevent them from scoring.
- 4.  $X_2$  and  $X_3$  (attackers) must try and provide a scoring option for  $X_1$  to pass to and score.  $X_5$  and  $X_6$  (defenders) must chase their opponents and stop them from scoring.
- 5. If defender does not commit. Attacker can throw a dummy and continue without passing.

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#### **SECTION TWO – Conditioned Performance**

**TOUCH FOOTBALL** 

SCENARIO PLANNING	
DEFINE PLAYING AREA OR BOUNDARIES	40 m x 50 m
SPECIFY NUMBER OF PLAYERS	4 v 4
SPECIFY TACTICAL PROBLEM(S) TO BE SOLVED	Play a ten minute game from a roll ball in the centre to start
SPECIFY ROLES OR GOALS OF PLAYER(S)	No special role
SPECIFY OPTIONS, RULES &/OR RESTRICTIONS	Normal Touch Football rules apply

End of examination

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